

# Swim For Fitness. Swim For Life. Swim With Us!

Indy Aquatic Masters is an award-winning adult aquatic fitness program that promotes healthy lifestyles through the sport of swimming.



## MASTERS SWIM CLUB



- Swim with dedicated swimmers and certified coaches in a fun atmosphere
- Enhance your performance and overall health
- Workouts designed for fitness and competitive athletes of all levels

## ADULT LEARN-TO-SWIM



- Build confidence in the water
- Receive expert instruction in a supportive environment
- Lessons offered for beginning, intermediate, and advanced skill levels

**For all adults 18 years and above!**



**MULTIPLE LOCATIONS** across the Indianapolis Metro Area including Indianapolis, Brownsburg, Carmel, Greenwood, Lawrence, and Westfield!



# JOIN TODAY!

[www.indyaquaticmasters.com](http://www.indyaquaticmasters.com)